

2026- 2027
School Year

SEPTEMBER MENU

Elementary &
Ms./Sr. High Schools

NORTHWOOD-KENSETT

COMMUNITY SCHOOL DISTRICT

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Beef Pizza, Lettuce Salad, Grape Tomatoes, Garlic Veggies, Fruit, Milk	2 BREAKFAST: Snack Bread, Toast/Cereal, Fruit, Milk LUNCH: Orange Chicken, Rice, Broccoli, Dinner Roll * Tea Roll, Fruit, Milk	3 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Hamburgers, French Fries, Baked Beans, Tomato Slices, Fruit, Milk	4 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Milk LUNCH: Chicken Alfredo Glazed Carrots, Winter mix Veggies* Garlic Toast, Fruit, Milk
7 CLOSED FOR LABOR DAY No School	8 BREAKFAST: Breakfast Bagel Toast/Cereal, Fruit, Milk LUNCH: Tacos w/toppings Black Bean Salsa* Corn, Red Peppers, Rice Krispie Bar* Fruit, Milk	9 BREAKFAST: Iced Long Johns, Toast/Cereal, Fruit, Milk LUNCH: Creamed Chicken over Biscuits, Mashed Potatoes, Green Peas, Fruit, Milk	10 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Corn dogs, Baked Beans, Crinkle Cut Fries, Radishes* Fruit, Milk	11 BREAKFAST: Breakfast Egg Scramble, Toast/Cereal, Fruit, Milk LUNCH: Pizza Crunchers, Buttered Carrots, Cauliflower, Cookie, Fruit, Milk
14 BREAKFAST: Breakfast Pizza Toast/Cereal/ Fruit, Milk LUNCH: Breaded Chicken Patty on Bun, Shred. Lettuce, Sliced Tomatoes* Potato Wedges, Broccoli Fruit, Milk	15 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Lasagna, Garlic Breadsticks Lettuce Salad, w/ Tomatoes, Buttered Carrots, Fruit, Milk	16 BREAKFAST: Mini Donuts(E) Donut Holes, Toast/Cereal, Fruit, Milk LUNCH: Cheddarwurst on Bun, Baked Beans, California Blend Veggie, Fruit, Milkxp	17 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Deep Dish Pizza, Corn Baby Carrots, Cookie* Fruit, Milk	18 BREAKFAST: Eggo Waffles, Toast/Cereal, Fruit, Milk LUNCH: Popcorn Chicken, Mashed Potatoes, Gravy, Green Beans, Tea Roll, Fruit, Milk
21 BREAKFAST: Yogurt Parfaits, Toast/Cereal, Fruit, Milk LUNCH: Beef Nachos, Broccoli, Shredded Lettuce, Tomatoes Fruit, Milk	22 BREAKFAST: Breakfast Burrito Toast/Cereal, Fruit, Milk LUNCH: Pulled Pork on bun, Mac-N-Cheese, Green Beans, Coleslaw, Fruit, Milk	23 BREAKFAST: Iced Long Johns Toast/Cereal, Fruit, Milk LUNCH: Cheesy Breadsticks w/ Meat Sauce, Lettuce Salad w/Grape Tomatoes, Garlic Veggies, Fruit, Milk	24 BREAKFAST: Muffins Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Tomato Soup, Grilled Cheese Sandwich, Baby Carrots, Cottage Cheese, Fruit, Milk	25 BREAKFAST: Scrambled Eggs & Sausage Links/Toast/Cereal, Fruit, Milk LUNCH: Hot Dog, Crinkle Cut Fries (H.S.) Baked Beans, Cauliflower, Fruit, Milk
28 BREAKFAST: Colby Cheese Omelet, Toast/Cereal, Fruit, Milk LUNCH: Chicken Strip Wrap, Shred.Lettuce, Tomatoes Glazed Carrots, Cucumbers Fruit, Milk	29 BREAKFAST: Muffins, Yogurt, Toast/Cereal, Fruit, Milk LUNCH: Crisпитos, Buttered Carrots, Crispy Refried Beans Shred.Lettuce, Tomatoes, Cookie HS Fruit, Milk	30 BREAKFAST: French Toast Sticks, Toast/Cereal, Fruit, Milk LUNCH: Spaghetti and Meatsauce, Breadsticks, Lettuce Salad, Grape Tomatoes, Fruit, Milk	SALAD BAR AVAILABLE DAILY AT THE MS./SR. HIGH SCHOOL	

All bread and buns are whole grain-rich
All milk is 1% low-fat or fat-free

MENU SUBJECT TO CHANGE

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*Ms/Sr High only, E = Elementary on
FF = Finger Foods